

Heal Us Now

Music and English by Leon Sher

Hebrew based on Liturgy; Numbers 12:13

Psalms 145:18, 85:10, 28:9, 118:25

R'-fa-ei-nu A-do-nai v'-nei-ra-fe

רְפָאֵנוּ, ה', וְנִרְפָּא,

Ho-shi-ei-nu v-ni-va-shei-ah

הוֹשִׁיעֵנוּ וְנִשְׁעָה

Eil ka-rov l'chol kor'-av

אֵל קָרוֹב לְכָל-קוֹרְאָיו

Ach ka-rov li-re-av yish-o

אֲדָ קָרוֹב לִירְאָיו יִשְׁעוּ

We pray for healing of the body.

We pray for healing of the soul.

For strength of flesh and mind and spirit.

We pray to once again be whole.

*Chorus:*

Eil na r'-fa-na

אֵל נָא רְפָא נָא

Oh, please heal us now

R'-fu-at ha-ne-fesh u-r'-fu-at ha-guf

רְפוּאָת הַנֶּפֶשׁ, וְרְפוּאָת הַגּוּף

R'fu-ah sh'-le mah

רְפוּאָה שְׁלֵמָה

Heal us now. Heal us now.

Ho-shi-a et a-me-cha

הוֹשִׁיעָה אֶת-עַמְּךָ

u-va-rech et na-cha-la-te-cha

וּבְרַךְ אֶת-נַחְלָתְךָ

U-r'-em v'-na-s'-em ad ha-o-lam

וְרַעַם וְנִשְׂאֵם עַד-הָעוֹלָם

Mi she-be-rach a-vo-tei-nu

מִי שֶׁבֵרַךְ אֲבוֹתֵינוּ

Mi she-be-rach i-mo-tei-nu

מִי שֶׁבֵרַךְ אֲמוֹתֵינוּ

A-na A-do-nai ho-shi-ah-na

אָנָּה ה' הוֹשִׁיעָה נָא

We pray for healing of our people.

We pray for healing of the land.

And peace for ev'ry race and nation,

Ev'ry child, ev'ry woman, ev'ry man.